Before taking the test, I was absolutely sure that my level of competence was A2, because even using some technologies when conducting lessons, organizing the educational process, preparing for lessons, I understand that there is still an ocean of various digital opportunities that I do not know or have never even heard of, so my self-esteem in this area was quite low. However, I got C1 using SELFIEforTEACHERS.

Area 1: Professional Engagement 15/24

During the Covid times, my colleagues and I tried various methods for online meetings like Zoom, Skype, Google meetings...

Of course, faced with such a challenge, we tried to use Padlet, Google Meet, Google Docs, ekool, Teams, and so on for online teaching, in particular for exchanging materials.

Sometimes I don't need to work alone, but to create educational materials with my colleagues.

Area 2: Digital Resources 12/18

On the one hand, of course, I should not forget to password protect the device(s) and store personal data on frequently updating antivirus programs and firewalls. On the other hand, I need to use systematically online training to continuously improve your teaching skills

Since my students range from very bright to children with learning difficulties and children with mental disabilities, it is impossible to use the same resources for everyone without adaptation. (Although it is very tempting). For older and more advanced students, I use technologies suitable for discussions, for example, https://www.kialo-edu.com/ , gpt chat, of course. For small ones, for example, https://edpuzzle.com/ .

Area 3: Teaching and Learning 12/24

Self-reflecting, I understand that I use technologies, but I could use them more often. Sometimes it seems to me a time-consuming activity, so I need to look for something less time-consuming and more convenient. On the other hand, I need to create less myself, and trust students to create something for their classmates.

Area 4: Assessment 12/28

I help learners analyze their own performance information and other data in order to seek help whenever they feel they need it. I really like using https://v2.versoapp.com/ (lately, the program does not work very well), because it allows me to create assessment criteria adapted to each class and for each assignment. This way, students already know the assessment criteria when they receive the assignment. This is especially important when it comes to oral answers. And again, with older students I should Ask my students to set up assignments (e.g. quizzes) for each other.

Area 6: Facilitating Learners' Digital Competence 15/30

I need to try to identify the contextual barriers that have so far hindered you from integrating these activities more firmly into my teaching. Perhaps this is because I don't feel I have the time, energy, or knowledge. skills to do this more often. Perhaps, as in other areas, I need to do less by myself or look for other, more convenient options.

Area 7: Open Education 3/18

my weakest point

I need to think about getting to know the benefits of using open formats in the production of teaching materials and try to check the principles of the opensource software movement (FOSS).

To sum up, on the one hand, I need to trust my students to create their own content more, rather than create it myself.

On the other hand, i should remember that digital technologies, no matter how convenient they are, should be used according to the principles of the UDL (to engage students, to represent content, and to promote student expression) in order to achieve the goals, but not do any harm to my students.

I aim to refresh my digital skills further and use them effectively teaching foreign languages. In particular, I would like to improve my knowledge of innovative ICT tools for language teaching. I am more interested in something that would not require special skills from me and my students. Something easy-to-create and easy-to-use.